

THE SUPER JOURNAL

TRUSTED TECHNOLOGY FOR SUPER CAREGIVERS

THIS ISSUE **FEATURES:**

Division 16750 **Specifications**

The Importance of Super Foods

Specifications for New Senior Living Facilities

Do you know an architect who needs specifications to help them design a new senior living facility? Are you interested in reading about what Super Nurse Call can offer in a wired or wireless call system?

Super Nurse Call is dedicated to providing senior living home architects and caregivers intuitive, easy to use, long lasting call systems that don't break the bank. We want to help make your home and your service to your residents super. Call us any time if you have questions or need help to design a call system!

specifications!

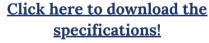


STANDARD WIRED

EMERGENCY CALL SYSTEM

Super Nurse Call

- 1 GENERAL
 Shall be manufactured by Flair Electronics, 212 Mercury Cirole, Pomona, CA
 91706, (200) 532-3422
 The contractor shall furnish all labor, equipment, and materials for the installation
 of a complete Emergency Call System.
 The components of the system shall be connected in accordance with best
 practices and tested to ensure proper function in accordance with manufacture
 specifications and installation instructions.





The Importance of Super Foods: Olive Oil

It's important to eat healthy to stay on top of your game and be super! One of the super foods is Olive Oil. Some of its great properties include healthy fats, anti-oxidants, anti-inflammatory properties, and it protects against heart disease and cancer. There are even some that believe it may fight Alzheimer's! Olive oil is produced by grinding the olives, pressing the paste, and spinning the liquid in a centrifuge to separate the water and filter the oil to make it pure. The best olive oil is made from perfectly ripe olives. It can be used in all types of dishes, but our favorite is over a mixed green salad with a little vinegar, salt, and pepper. Have more olive oil and keep up your super mojo!