



THE SUPER JOURNAL

TRUSTED TECHNOLOGY FOR SUPER CAREGIVERS

THIS ISSUE FEATURES:

Custom
Systems and
Devices

The Importance
of Stress Relief

Custom Systems and Devices

We make our call systems and devices just for you and your home or facility. We know that every senior living space is different and requires special call system solutions to work well. We listen to your needs and ask thorough questions in order to customize our products just for you.

We can design and build custom call devices quickly and cost effectively too. One of our customers wanted to change out their worn-out wired system to a wireless system. They had dual recessed bed cord stations in a big hole in the wall. Super Nurse Call designed and built a surface mount wireless station to fit over the existing hole. The station has two ¼" jacks for bed cords, a large red Push Button for emergency calls, and utilizes Inovonics transmitters. Not only is the new system attractive and functional, but we were also able to design and build it for them without a steep price tag.



Yoga Relieves Stress and Makes you Feel Better

Don't we all have too much stress these days. Yoga is a great way to stretch, center oneself and release that built-up pressure. If you're like us, who has the time? Right? Well, here is a great Yoga coach and fun guy, Coach Sean Vigue. Sean is a retired opera performer and now a world-famous Yoga and Pilates instructor. We recommend his 15 - 20 minute YouTube videos that can be done anytime and are easy to follow. No complicated moves, try it and feel better.

[Coach Sean Vigue 30 Day Beginners Program](#)

