



# THE SUPER JOURNAL

TRUSTED TECHNOLOGY FOR SUPER CAREGIVERS

## THIS ISSUE FEATURES:

Wander Management

Tips to "Make Yourself a Priority, Too"

## Prevent Wandering, Keep Residents Safe



Escape, elopement, or wandering off premise by a resident of an assisted living facility is a primary concern for caregivers. It is estimated that up to 31% of nursing home residents and between 25% and 70% of community-dwelling older adults with dementia wander at least once.

In order to keep residents safe and give your staff peace of mind, a layering strategy for your security system is optimal. Super Nurse Call can provide a wide variety of sensors to prevent residents from wandering into harm's way, including magnetic contacts, RFID door systems and fence climb sensors. At the resident's room, magnetic contacts can be installed on any doors or windows with access to the outside of the building. At exit doors, RFID tags worn by residents on their wrists will trigger local sounders and even lock the door. At the perimeter of the facility, magnetic contacts can be used on gates, climb vibration sensors can be used on metal fences, and photoelectric beams can cover open areas.

## Take Care of Yourself

It is super caregivers like you who provide for our most vulnerable people. We know this is a demanding and often underappreciated job. We want to make sure you know we support you and we want you to take care of yourself. From the National Institute on Aging here are several tips to "Make Yourself a Priority, Too".

- Ask for help when you need it.
- Spend time with friends.
- Join a support group - in person or online.
- Take breaks each day.
- Keep up with hobbies.

Click [here](#) to download a printable pdf of these tips that you can pin up on your notice board. And call Super Nurse Call any time if we can help, **888-568-0008**.

